



BLACK PEAK EXPEDITION

SEA TO SUMMIT

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SCHEDULE

Day I: Camp I - Kouba Batroun - Beit Chlela

Distance: 28 KMS Ascent: 800 M 12 HOURS TOTAL

Day II: Camp II - Beit Chlela - Tannourine Elfawqa

Distance: 18 KMS Ascent: 1300 M 9 HOURS TOTAL

Day III: Camp III - Tannourine Elfawqa - Daher ElAdib Col

Distance: 18 KMS Ascent: 1200 M 9 HOURS TOTAL

Day IV: Summit day - Daher ElAdib Col - Summit Qornet es Sawda (back to base camp and leave by bus to the starting point)

Distance: 21 KMS Ascent: 700 M 8 HOURS TOTAL

Ending our trip with a dip in the sea, certification ceremony and a celebration dinner.

FEES & EXPENSES

The price of the trip: 450\$

Including:

- Breakfast + packed Lunch + Dinner + tea breaks (Starting Day 1 dinner --- Till Day 4 dinner)
- Guide Services
- Supported Hike (your sleeping bags, mats and tents will be transported by an assisting car)
- Water Supply for drinking every night
- Bus transportation back to the starting point
- Company insurance (with commercial insurance)
- Celebration dinner on the last day
- Tents

Excluding:

- Breakfast and lunch (day 1)
- Additional personal expenses

WHAT TO BRING

For this trip you'll need:

Equipment, Layers and clothing:

- 4 light T-shirts - shorts or light long pants - hiking shoes, vibram or Gore-tex is best (backup shoes) - socks
- Hat - Buff - Sunglasses - Sunscreen
- Base Layer & Warm layer for night (thick fleece or Warm jacket)
- Gloves and Beanie for summit push
- Hiking Sticks (highly advisable)
- 20L Backpack
- Water bottles (refilling supply)
- Salty and sweet sacks
- First Aid Kit
- Headlight
- Sleeping bag (0 degree comfort at least) - Mattress
- Personal toiletry
- Duffle bag (To pack all extras in)

Note that:

We will travel light, you will only carry what you need on your trekking days, all the extras will be transported by our assistant car.

Don't forget your swimsuit for the dip!



Meet your team leader and head guide Avedis Kalpaklian!

Avedis is an adventure tour-operator, an avid mountaineer, and a full time mountain guide, with an impressive record of 80 summits including Mount Everest 8848m and Mount Manaslu 8163m.

Since 2004, he has led hiking, mountaineering, caving, trekking, biking, ski touring and climbing trips in Lebanon and abroad including more than 30 expeditions to: Kilimanjaro, Elbrus, Everest Base Camp, Kenya, Ararat, tour du Mont Blanc, and Armenia...

He is currently the vice president of the Lebanese Federation of Sports Climbing and Mountaineering, and also serves as a volunteer in the Lebanese Red Cross-Search and Rescue unit.

BATROUN ADD ON

(OPTIONAL)



Upon request, we have organized a full day in Batroun for our clients. Hikers have the option to arrive a day earlier, check into a selected guesthouse, enjoy a guided tour of the area, spend the afternoon at the beach, relax with sunset drinks, and rest for the upcoming challenge!